



Stanway Parish Council

Parish Clerk: David Lines
Victory Hall, Villa Road,
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GENERAL GRANT REQUEST FORM

Please refer to the Parish Council’s relevant grant-awarding Policy and Procedures before completing this form, providing the information requested. If a copy does not accompany this form, the document will be available on the Parish Council website under ‘Community – Grants’

NAME OF ORGANISATION... Age Concern Colchester & North East Essex

CONTACT NAME... Emma Barrow

POSITION WITHIN ORGANISATION... Inbound Support Services Coordinator.....

ADDRESS... 63 North Hill, Colchester, Essex, CO1 1PX.....

TELEPHONE... 01206 368 420, Option 1.....

CHARITABLE STATUS... Nonprofit organisation, registered charity number: 1142414

AMOUNT REQUESTED... £500, or as much as you can support.....

PURPOSE TO BE USED FOR/FACILITIES SUPPORTED.....

Age Concern Colchester and North East Essex, [ACCNEE], is an independent charity with the mission to transform people’s lives through the alleviation of poverty, social-isolation, exclusion, loneliness, and the associated condition of depression to make life better for people in later years. We work across our community, supporting people to age well. This area has a growing population with Tendring District being identified as one of the 10 most deprived in England.

Research also shows that loneliness:

- is worse for your health than smoking 15 cigarettes a day or being obese
- increases the risks of developing heart disease, stroke, cognitive decline, and depression (*Valtorta et al 2016*)
- gives a 64% chance of developing dementia (*Holwerda et al 2015*)
- increases risk of dying by 26% (*Holt-Lunstad 2015*)

Our work is holistic, advising, supporting, and empowering clients towards increased levels of independence, **as we did with Stan**, who came to us when his partner passed away totally unexpectedly. He was very depressed and in a terrible state of mind, not knowing which way to turn. After our Welfare Advisors stepped in, making 7 different interventions for him, Stan told us that we **‘saved his life.’**

We enable those in later years, and their family carers, to manage the challenges of ageing so they can live life well by looking holistically at the individual and all the components around their health and wellbeing, then seek to either resolve things on first contact or ensure that the first referral point is a resolve.

We do this by providing a range of free services to enable people to retain choice and control over their lives whilst living independently in their own homes:

- **Advice** - assistance with benefit entitlements, support with applications, care needs, housing and information signposting.
- **Befriending** - connection to local friendships and community support.
- **Care Support** - access to assistance with home help, shopping & cleaning.
- **The Veranda social hub** - bringing those in later life together for social connection and activity.
- **Emotional support** - specialist assistance for those facing end of life and bereavement.
- **Dementia support** - advice and support for those affected by dementia.
- **Local service directory** - signposting to DBS checked local services.

Having had our work assessed externally by **Social Profit Calculator**, ACCNEE shows that for every **£1** invested, we return **£8.55 of social good**. Through the period of Covid-19, and the temporary suspension of face-to-face services, we have evolved our Advice Service towards **telephone** and **digital support**, enabling people to access allowance information as well as assistance with choices regarding their current and future health care options.

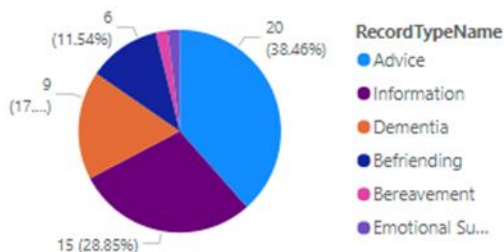
As restrictions are now beginning to lift, we have begun trialing the re-opening of our Colchester based activities hub, The Veranda, to existing clients **for much-needed social interaction**. Jane, a regular attendee of the Art Club called us to enquire if the group was now re-running and on hearing it was, replied: ***'It's the highlight my week'***.

It costs **£96,579.04** to maintain our **Welfare Advice and Information Service** and **£176,874.84** to maintain our **Dementia and Befriending Service**. **The funding we seek from you is to help us maintain and develop these services to meet increasing need.**

DOES THIS PURPOSE/FACILITY PROVIDE OR ENHANCE A LOCAL SERVICE AND/OR IMPROVE THE QUALITY OF LIFE AND/OR ENHANCE THE ENVIRONMENT IN THE VILLAGE AND/OR POSITIVELY PROMOTE STANWAY ITSELF?
YES/NO (please bold answer).

Briefly explain how

Throughout 2020/21, residents within **the Stanway Parish Council area received 130 cases of free support from ACCNEE**, mostly via our **Advice, Befriending and Information services**. During 2021/22 to date [July 2021], we have recorded a **46% increase in new cases**, with a shift towards **Advice, Information and Dementia support services**, which is likely to increase via increased awareness and the ending of lockdown.



Signed... *Emma Barrow*

Print name... Emma Barrow.....

Date... 03/08/2021.....

**WHEN COMPLETED, PLEASE RETURN THIS FORM TO THE CLERK
 AT THE ADDRESS SHOWN AT THE TOP OF THIS PAGE**