



Stanway

Parish Council

MOBILE HEALTH CHECK VAN



Stanway Parish Council has been approached by an NHS social enterprise called Provide. Provide supports GPs in the delivery of the NHS Health Check Programme. These NHS Health Checks are available for patients aged 40-74 years. The NHS Health Check includes Blood Pressure, BMI, Heart Rate, Cholesterol, lifestyle questions, calculating an individual's heart age and risk of developing Cardiovascular Disease over the next 10 years. For those aged under 40 and not eligible will still be offered a blood pressure check and answers to any lifestyle questions.

After arranging successful bookings at schools, Leisure Centres and businesses around the county to offer health checks to staff members, Provide is now looking for new venues to offer this FREE service to the public across Essex.

Provide would like permission to use the Tollgate carpark to attend to the local community, either with their Health Check van or a gazebo, to offer eligible members of the public free NHS Health Checks. Provide would also like the support of SPC in publicising the event.

All information can be found following the link below:

<https://www.nhs.uk/conditions/nhs-health-check/what-is-an-nhs-health-check-new/>